

Darnall Dementia Group Annual Report 2015



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Chair of Trustees' Report

It seems nothing like a year since I was writing the introduction to last year's Annual Report. Time just slips away when everyone is so busy. You will see in the Report that much has been happening to occupy our hearts and minds. Lynsey's retirement and a vacancy to fill kept us all busy planning and negotiating with the Sheffield Health and Social Care Trust. It was with much relief that we welcomed Leeanne into the team. She will be with us for about 10 months and then it is likely that we will be tendering to provide the service we have been delivering for over 30 years. The City Council are also moving towards tenders instead of giving grants. We will be on a steep learning curve taking in all the information we need to write successful bids. In preparation for taking the Group forward the staff and trustees participated in a Development Day led by Auriel Majundar. We send her our sincere thanks for steering



us through the day and enabling us to identify needs for the future success of DDG. We now have to build a viable action plan.

*Andy Shallice, Jack Czauderna, Janet Dore, Sheila Manclark,
Peter Bemba, Lisa Heller, Louise Dunn and Leeanne Baker*

Janet Dore Chair

Farewell Lynsey

In January, Lynsey Button, who had served Darnall Dementia Group for 16 years, retired from service with us.

She was an inspirational colleague who supported people living with dementia and their carers in an unassuming way, with warmth, wit and wisdom.

Her knowledge and insight were crucial to her understanding of the needs of people who needed care, and she provided placements for nursing students which changed them forever.

As well as influencing students and others who observed or experienced her at work, her work on Life Stories and on the Darnall Dementia Awareness Group has contributed enormously to the wider understanding of the needs of people with dementia and their carers.

Her sense of fun, and ability to take to the floor for a waltz or



foxtrot have given many happy hours of pleasure and delight to the people at the Centre over the years.

She is missed, but her legacy

lives on in the detailed care and special support which continues at DDG. We wish her well in her retirement, and hope she will enjoy a happy and fulfilled time.

Lisa Heller

Welcome Leeanne!

Leeanne Baker joined us in May this year as Clinical Manager in Lynsey's place. Employed by the Sheffield Health and Social Care Trust, her contract is for the year up until the end of March 2016 working four days per week.



Leeanne has settled in to work with us and has become a valued colleague much appreciated and loved for the support she gives to

the people at the Centre and their carers. She has brought fresh eyes and new ideas to the organisation, and gently and sensitively she is bringing her own skills to the work.

We wish her a very happy time whilst she is with us – welcome!

Lisa Heller

The Day Centre

Darnall Day Centre is open every Monday, Wednesday and Friday, with the exception of Bank holidays and centre closures for staff holidays.

Everyone who attends the day centre has a diagnosis of Dementia. Each individual attending is at a different stage in their illness and therefore will have varying needs which must be met by the staff and volunteers here at Darnall.

Darnall Day Centre is very proud of the way we can meet the needs of all of our attendees. Due to us having smaller numbers

of people in the groups at Darnall and extremely dedicated staff and volunteers, we are able to provide 1:1 care for most of the sessions.

Most of the attendees are looking for companionship, and to be in a place that is non judgemental, calm, and understanding where they can feel at home and talk openly about anything they like. This is definitely what they get when they attend Darnall. Lots of the attendees have been coming for years and many forge great friendships which is wonderful to see. All attendees are encouraged to join in and become part of the group and are encouraged to share their own life experiences.

Anyone can make a referral to the day centre: professionals, carers, family and friends. Once a referral is received the Development Manager will screen the referral and make an initial triage visit. The referral is then passed to the Clinical Manager, who is a registered Mental Health Nurse, for a full assessment of both mental and physical needs. It is not possible to estimate how long a person may be waiting for a place to become available, however phone contact will be made in the mean time to keep in touch. Once a place becomes available and a person comes to the centre care plans and risk assessments are discussed with all staff and volunteers so that accurate support can be offered.

Darnall Dementia Group's main focus is the well being of all attendees, helping to encourage independence and getting to know a person holistically. Life story work is something we are about to extend with all of the attendees. The great thing about life story work is that it is something which can be shared although it is very personal to the individual. The books would then go with the person if they should sadly leave the group.

The day centre has a range of activities. Physical activities such as exercise and dancing play a big part in the centre; this is of

course adapted to individual needs. We have lots of art and craft activities, books, games and puzzles, whilst some attendees just like to chat.

A large focus is music and everyone enjoys the singing. Lost Chord visit once a month to provide a concert which all attendees thoroughly enjoy. On one occasion they came to film the session to illustrate how valuable musical activities are. Of course all attendees have a choice in all activities whether they opt in or out.

A two course meal is also provided whilst at the centre, where attendees, staff and volunteers all sit down together to eat. We like to encourage lunch as a social activity so there is lots of discussion and laughter at the table. All individuals are catered for whether it may be a soft diet, food intolerances or allergies, or if someone needs any adaptations to make eating or drinking easier for them.



The centre encourages interest from universities regarding research and development projects.

Recently The University of Sheffield came to undertake some research in the use of touch screen technologies. The attendees engaged with the touch screens really well and thoroughly enjoyed using them. They also gave permission for the university to film the session for the production of educational resources.



Darnall does have transport for people living in the local area, which is provided by Manor Community Transport.

Unfortunately, even though we provide a day centre service which is city wide, anyone who lives out of the local area, will need to arrange their own transport.

Leeanne Baker.

Activities

At the day centre we offer a range of activities to suit the interests and abilities of the people who attend. Our approach is based on the belief that people with dementia want to take part in activities and are able to continue with their interests and take up new ones. Often when people start attending we hear that they have lost interest in the things they used to do and it has become more difficult for them to become absorbed in an activity to pass their time doing the things they used to enjoy.

We believe that part of the service we offer should be to provide the expertise which will allow people to find activities that they enjoy and which they are able to take part in on their own terms. This means getting to know people well, understanding how they communicate their preferences and having access to resources which can be used to provide a choice of activity. It also means establishing a good, trusting

relationship with them. This can help attendees feel confident, particularly as we focus on ability rather than disability and aim to give a choice of activities which people are able to enjoy.

Using volunteers from a wide variety of backgrounds helps us in this. Volunteers can support people with dementia to take part



and offer them the extra help they might need to become absorbed in their task. Having plenty of helpers means we are able to offer individual assistance to people who need it and a wider range of activities. Volunteers can also find this really

rewarding. They see people growing in confidence as they find they are able to take part and enjoy themselves.

A good example of an inclusive activity is our knitting box. We have a wide selection of different needles and wools which can get very tangled up in our large box. Many people attending will have been knitters in the past. Some may be still able to knit and we have had people with dementia teaching volunteers. Others, once cast on, can knit a few rows with help. Untangling the balls of wool can be rewarding and has prompted stories of helping mothers wind wool when they were children. Some people will enjoy looking at the different wools, colours and textures or pairing the knitting needles. Although knitting can be seen as a female activity, quite a few men have also been able to knit and have also been occupied with sorting and tidying the box.

The activity is accessible for people with a range of abilities and a chance to use their skills. It provides sensory opportunities and lots of openings for reminiscence and conversation. It also gives an opportunity for people with dementia to teach others



a new skill which is very satisfying for all. We hope to achieve these aims with all of our activities; the thought and care we take with this reaps huge rewards with satisfaction and enjoyment for people with dementia and the helpers too.

Sheila Manclark

Goodbye to Eric

Eric Brody who had, with his partner Pam, entertained the Friday group regularly for many years, and had provided enjoyable entertainment through his vast range of songs for many parties and events, sadly passed away just before Christmas 2014.

Eric was an important part of the Darnall Dementia Group being a member of the 'family' in every sense. He brought songs, joy, love and laughter to everyone each time he came and shared his powerful ability to enable people to feel included and to participate. As his



final illness progressed Eric continued to come to the Friday Group to entertain and was enquired after and cared for by the attenders who could see he was poorly. Caring gestures and remarks were common and he was cheered to the rafters when he sang. He was loved by us all and is sadly missed.

Lisa Heller

We have a new Song Book!

Based on songs which people have asked to sing, which are favourites of many or just one or two, and which have been sung for pleasure with countless others, this book gives the day centre a focus for daily sing-songs.

Sheila sometimes plays her new (**Blue!**) fiddle to help the singing along and everyone benefits from sharing songs which have some meaning in the lives of people attending the Centre.

Sharing the joy of singing together and feeling included in such a simple way is enhanced by having a book to refer to – the second book is on its way!

(Ideas of songs to include to Lisa, please!)

Lisa Heller

Dementia Care Mapping™ at the Day Centre

'Dementia care mapping is a very thought-provoking experience. It means looking through someone else's eyes which is an easy thing to say but very striking when you actually do it.'

This is a quote from a modern matron in older people's services who learned how to conduct a dementia care mapping evaluation and used it in her own service.

One of our volunteers said: "If it helps us to do things better, that can only be a good thing."

Dementia Care Mapping looks at care provided for people living with dementia and as far as possible tries to see what that care is like from the person's point of view.

During the last year we have carried out an evaluation of the Day Centre by Dementia Care Mapping™

The evaluation took place in November 2014. This evaluation method is designed to discover the ways in which care is being delivered with the express purpose of enabling the care workers to consider and improve care practices to enhance well being and to reduce ill being.

We were fortunate to have working with us Lindsey Collins from Bradford University School of Dementia Studies who took part in the evaluation and which took place over two days. The staff and volunteers welcomed this opportunity to explore ways in which the care at the Day Centre might be improved and an action plan is now in process working on a number of points which were raised during the mapping exercise.

Dementia Care Mapping™ is an established approach to achieving and embedding person-centred care for people with dementia recognised by the National Institute for Health and Clinical Excellence.

Dementia Care Mapping™ prepares staff to take the perspective of the person with dementia in assessing the quality of the care they provide. It empowers staff teams to engage in evidence-based critical reflection in order to improve the quality of care for people living with dementia.

Dementia Care Mapping™ is founded on and operates on a principle of person centred care which is explicit in a number of ways. Firstly, that people living with dementia do not necessarily have to experience ill being and that quality of care and opportunity can vastly increase wellbeing. Secondly, that

every person is valued as an individual, with personalised care, taking into account their neurological impairment, their life story, health needs, personality and – very importantly, the care that they receive and the social and physical environment that they experience.



The symbol of the flower is often used as a reminder of the needs experienced by people living with dementia – and by everyone regardless of whether they have dementia. It is a valuable reminder because it is known that people living with dementia may need more support and help than others to meet these needs. The flower is used in feedback from a dementia care mapping evaluation to demonstrate the ways in which the care practices observed are meeting these needs or ways in which the needs may be ignored or undermined. Care staff can see during feedback how actions which they take can improve well being and enhance the experience of the person living with dementia being cared for at Darnall. Staff can then devise ways of developing their positive care practices and eliminating those which have a potentially negative effect.



More information about this evaluation is available from Lisa Heller via the Lightwood office and about Dementia Care Mapping™ in general from visiting:

<http://www.bradford.ac.uk/health/dementia/dementia-care-mapping>

Lisa Heller

Carers' Survey

How do we know we're doing a good job?

How do people experience contact with Darnall Dementia Group, its Day Care Centre and Carers' support services?

We receive frequent feedback from attenders about how they feel about coming to the centre and from carers about their experiences. As part of our on-going evaluation of the service we provide, we wanted to conduct a more rigorous evaluation including a Dementia Care Mapping™ evaluation, questionnaires and surveys.

We devised a Carers' survey and a questionnaire for attenders.

The Carers' survey was completed at the same time as the Dementia Care Mapping™ evaluation was taking place; the attenders' questionnaire is still on-going.

The questions in the carers' survey centred on how each carer saw the person they care for in relation to attendance at the Day Centre and also how they themselves felt as carers now that their person attends DDG and they are in touch with us.

88% of carers said that their person liked coming or really liked coming a lot

80% said that people either gained some benefit or a great deal of benefit from coming

People are reported to be happier, more relaxed, calmer, more co-operative and more communicative after attending

All respondents said they would definitely recommend DDG to other people

All respondents said that they themselves benefitted from being in touch with DDG

88% reported feeling better because their person attends DDG

94% said they felt more hopeful since being in touch with DDG

94% said they felt better able to cope because their person attends DDG

There were no negative responses to any of the questions.

The survey will be used to support our applications to develop our work, and also to consider ways of improving the service we offer. We will conduct further surveys and strive to maintain and improve ways of ensuring that carers have a say in how the service develops into the future.

We are very grateful to all the carers who completed the survey, to Lynsey Button for supporting carers whilst they completed the questions, and to Pezhman Mohamadi for collating the results.

Lisa Heller

Didn't we have a lovely time....! Cleethorpes Sept. 2015



There's something about living in Sheffield which makes everyone delighted to be at the seaside, whatever the weather and however far away the sea may be at low tide. The sea air, the traditional amusements, ice cream, candy floss and sticks of rock and the typical sounds of the seaside: children's voices, seagulls, amusement arcades and rides as well as the wind in your waterproof hood and the patter of rain on the pavement. The smell of fish and chips and of shells and seaweed deposited at the last high tide, of doughnuts and coffee stalls, these all make up the Cleethorpes experience.

Many of us have been going to Cleethorpes for up to 60 or so years and all have happy memories of times there. Some remember enjoying it as children, having a name label pinned to their lapel so as not to get lost amongst the coach loads of other children from Working Men's clubs. Some have holidayed there with our own young families and friends and some have

gone for day trips, latterly mainly watching the families on the beach, digging sandcastles and eating ice cream in spite of the English summer weather. Some of us used to cycle, some rented a caravan, some of us travelled there by train arriving with fishing nets and sandwiches almost onto the beach. Some of us remember best the amusements and rides including the donkeys; some remember building sandcastles and getting sun-burnt. Others remember the ride in a pony-trap to see the sea when the tide was really low- so far out it is almost impossible to see and can be judged only by the ships seen on the horizon, waiting to be able to sail into Grimsby port.

Our own annual outing to Cleethorpes took place in September, with 21 of us in our comfortable coach, provided as ever by Gordon's Coaches, speeding towards the coast in eager anticipation of the exhilarating day ahead as well as the comforting familiarity of the experience. The sky was dramatic over the flat countryside but it was sunny and we were optimistic about the weather once we were there.

We enjoyed our lunch of fish and chips and wonderful salads accompanied by bread and butter and lots of hot tea at the Ocean fish bar where the service was as ever friendly and kind. As we emerged from the warmth of the restaurant, we noticed it had been raining so up went the umbrellas and out came the waterproofs and blankets and we set off for a walk to the sea the front.





Early September can be gorgeous and even hot but not that day. We walked back to our coach against the bracing wind and with brollies blowing inside out but enjoying the sounds, sights and smells of the place as well as each other's company and having a laugh.

Once back on the coach, full of fresh sea air and the treats we'd enjoyed, we warmed up and enjoyed singing along to the music our driver Tony had chosen for us. We did have a lovely time!

Lisa Heller

The learning environment

Over the past year Darnall Dementia Group has provided placement opportunities for university students on courses in Mental Health Nursing, Social Work, Combined Social Work and Learning Disability Nursing, and MA in Dementia Studies and Relationship Centred Care. We also host students on Sheffield College Health and Social Care courses and visits from students on placements elsewhere who want to gain a broader perspective on dementia care. We are proud to teach future dementia care workers about our philosophy and methods of

working and hope that by doing this we can help to promote and influence a more positive style of dementia care.

We also appreciate the contribution that students give to the group. They are an important source of support for the people with dementia who attend and they work closely with volunteers for mutual learning and personal growth. The paid workers learn and develop by working with students on placement and they are encouraged to contribute to the development of all aspects of our work.

Students are encouraged to take part in all the activities of the group and really get to know the people with dementia who attend. They are taught communication and assessment skills, how to approach activities to promote well-being and the theories behind our work. They have the opportunity to work with carers to gain an understanding of their needs and how carers can be supported in their role.

Sheila is a registered Practice Educator for Social Work students and Leeanne is a Learning Mentor for Mental Health Nursing students. Both have extensive knowledge of dementia care and are keen to positively influence future dementia care workers. We also see the knowledge and experience of people with dementia and their carers as an invaluable learning opportunity and encourage students to see the value in this.

Sheila Manclark

Health Champions

Since 2012 we have been part of the Health Champion scheme funded by Sheffield City Council. Health Champion volunteers work alongside the other volunteers at the day centre. Their focus is on improving the well-being of attenders and looking at their personal development requirements. Health Champions can access free training through the scheme and all previous

champions have gone on to paid care work or further training; 4 have gone on to train as nurses. Our current health Champion is Jude Buck and she will be leaving in September to take up Mental Health Nurse training.

We are looking for 2 new champions for the next round. If anyone is interested, and would like the opportunity of attending training sessions please contact Sheila Manclark. Her details are at the back of this report.

Sheila Manclark

Student's Report

Darnell Dementia Group was my first social work placement and it provided an accurate insight to the core values of person-centred care which respects the rights of individuals with dementia. I currently study the dual course of learning disability nursing and generic social work, this placement has provided a range of transferable skills which I was able to practice in both professions. Grasping this key element of person centred care became the highlight of this learning environment in gaining effective communication interactions from each member of the group. The main aim of the Darnell Dementia Group which I observed during my placement is to ensure, where possible, individual preferences and unique health and social care requirements are catered for through providing reasonable adjustments. With the help of students and volunteers one-to-one support can be offered to achieve optimum engagement and a fulfilling experience for the individual. I appreciated the valuable opportunities and knowledge this placement has provided me in the work of dementia care to display a positive approach in improving the lives of individuals with dementia. This has further developed my communication skills and ability to gain successful interactions with individuals who have a

diagnosis of diverse ranges in dementia. This was a very self-rewarding placement increasing social networks and gaining positive emotions from members of the group and their carers. The person centred approach and working in a holistic manner are two key methods I will retain in my future development as a nurse or social work practitioner. Unknowingly, the members of the group were the key elements in creating such a memorable and enjoyable placement experience. This combined with the wealth of knowledge from Leanne and Shelia further enhanced my professional capability.

Bethany Lodge

Volunteer Report

Volunteers have again made it possible for us to provide a personalised friendly and welcoming service for people with dementia. Having volunteers working alongside the paid staff at the day centre means that we are able to give people more individual attention. We can provide support for people with dementia to enjoy a wide range of activities tailored to meet individual's interests and abilities.

The nature of volunteering means that people help out for



various personal reasons. This can be to get experience for applying for jobs or courses, to

gain a sense of satisfaction and feel that they are contributing

to society and to meet people and become part of a friendly team. This can also bring about improvements in their own physical and mental health. Offering opportunities for volunteers to become part of our group and making sure they know that their contribution is valued gives them motivation to help create a warm friendly atmosphere where everyone is welcomed. Volunteers also appreciate the contribution made by the people with dementia who attend. They have lots to teach us about living with dementia, about the lives they have lived and often pass on skills such as teaching volunteers how to knit or crochet and words to old songs. Volunteers from outside Sheffield are often taught the basics of the Yorkshire dialect which can be an education in itself!

Volunteers play a valuable part in creating an organisation which feels like it belongs to all involved. People don't feel like they attend a centre where they come to be helped but to meet friends, chat over tea and coffee and take part in



activities they enjoy in a warm friendly environment. A big "Thank You" to all our volunteers over the past year and over the life of the group. We wouldn't have been able to develop our fantastic service without them.

We are always looking for new volunteers who have an interest in learning about positive dementia care and who would like to become part of our friendly team. To find out more please contact Sheila Manclark, her details are at the back of this report.

Volunteers who have helped out over the last year are:-

Phillip Mumberson

Rucksar Naaz

Pezhman Mohamadi

Ayesha Cham

Sandra Galloway

Yuhui Zhou

Jade Horsfield

Owen Simpson

Harjeet Walia

Andy Walker

Bryony Duckham

Jasmine Sambrook

Jennifer Forbes

Olayinka Adebayo

Katie Crookes

Samantha Dalton

Jude Buck

Michael Rennison

Judith Akper

Becky Oldfield

Paul Liggins

Zhane Clark

Toyyi Egbeyemi

Sheila Manclark

A Volunteer's Experience

I started volunteering with Darnall Dementia Group at the 2014 Christmas party and have loved every second of it since. I initially viewed my application to DDG as a great opportunity to add valuable practical insight to my basic theoretical understanding of dementia and other areas within mental health, thereby being able to apply this knowledge when undertaking my degree in nursing in mental health (starting September 2015). From the onset it was very clear how important the role of a volunteer was to the group and to the attendees and how valuable our time was. I attended the Monday session which would start with a coffee and a chat with Sheila and other volunteers during which we discussed the plan for the day taking into account the needs

of the people who would be attending. We then had time for a quick friendly catch up.

When the attendees started to arrive they were offered tea and biscuits and then each Monday would differ with an emphasis on doing activities that were enjoyed by all. The activities could be colouring, dominoes, jigsaws, reminiscing on old pictures, singing and discussing current events. These would then be followed by exercises to music with bean bags and balloons. I enjoyed being fully involved with each individual and assisting them in the activities they chose to do. There was always laughter and enjoyment coming from all sides of the table as everyone was involved in some form of activity.

Lunch would follow where everyone would be given a choice of what, and how much, they would like to eat. The conversation and laughter continued as attendees, volunteers, students and staff all sat together round one table. After lunch we usually had a sing-song but once a month musicians came from the Lost Chord. As the day closed and transport arrived people's spirits were uplifted and they seemed relaxed.



Jude Buck

Funding

The supporters of our core business continue to be Sheffield City Council who give us a grant, and Sheffield Health and Social care Foundation Trust who provide us with a 0.8 Band 6 Mental Health Nurse and office accommodation. This enables us to

provide a jointly funded service supporting people with dementia who have both health and social care needs. People who attend also pay a contribution towards the day.

Our core funding is supplemented by money we raise from Charitable Trusts who usually respond to appeals for money for a particular purpose. This year we have received grants from The Brelms Trust to provide extra support for people at home and on the waiting list, from Sainsbury's for our Cleethorpes trip, from The Graves Trust to contribute towards the cost of a water boiler and some new chairs, and a substantial grant from the Tudor Trust for additional staffing costs over the next 2 years. We are grateful to trusts for continuing to help as the service does rely on getting extra funds to help deliver our specialised service to people with dementia and their carers. As well as Sainsbury's, Asda and Waitrose have also raised money for us. Their customers chose us as the charity they would like the supermarket to donate to. We raised a considerable sum from the Great Yorkshire Run in September 2014 - many thanks to all the runners, their supporters and the people who sponsored them.

We also receive donations from attenders and carers and in lieu of flowers at funerals. It is always rewarding to receive donations from, and on behalf of, people who have attended the group. As this money is not usually earmarked for a particular item we are able to decide how it can be best spent to enhance the experience at the day centre. Darnall Old Folks Club closed this year and they donated their bank balance to us which we used for carers' support.

Team Darnall once again put their best feet forward in The Great North Run in September 2015. Jude, Nester, Cawlous and Lynsey pounded the streets raising sponsorship money for DDG. They could not have done so well without the support of

their 'running buddy' Peter. He was there to take care of the runners and their kit.



Sheffield City Council are again looking at how services such as ours are funded. This year we have been told that dementia services are likely to be going out to tender which will mean we have to compete with other organisations to provide this service. We sincerely hope that we can continue to nurture people with dementia, their carers, staff, volunteers and others involved, to help all make the most of their strengths and abilities and to be able to contribute to the life of the group.

Sheila Manclark

Donations

We would like to thank all those who have made donations over the past year. Your generosity and support has not only helped us continue running the day centre and providing outreach support but allowed us to provide extra special events such as the day trip to Cleethorpes and the Christmas party.

Those we would like to thank this year are:

Margaret Fields in memory of Geoff Fields

Ken & Madge Burtwistle

Waitrose

Margaret Davis

Mr & Mrs Watson

P Hukin, G Smith, Mrs Meachem, B Robertson, G M Smith and others in memory of Florence Mary Robertson

Mr & Mrs P Edler

Darnall Old Folks Club

Andrew Dunn

K Crookes

The ASDA Foundation

P Nixon, Mrs Butler and G Hunt in memory of Maureen Hunt

Sheffield Churches Council for Community Care

Rowan School

Barbara & David Hukin

Lisa & Tom Heller

Cathy & Ben Hodges

Janet Hutchinson

Diane Cerrone

Nigel & June Chatterton

Donors who wished to remain anonymous.

Thanks

We would like to thank everyone who has contributed, over the past year, to the work of Darnall Dementia Group:

Trustees: Janet Dore, Lisa Heller, Jack Czauderna, Andy Shallice.

Staff: Sheila Manclark, Lynsey Button, Peter Bemba, Louise Dunn, Leeanne Baker.

Finance Officer: Don Callister

Mike King for producing our Accounts.

The volunteers who are listed on page 21.

Keith Levy and Charlie Manclark for volunteering at the day centre at very short notice.

All the attendees and carers who have continued to support us.

Manor Community Transport for an efficient reliable service.

Lisa Frazer, Paul Dyson , Paul Thompson, David and Julia Allison.

Sheffield Health and Social Care Trust for providing the Clinical Manager and office facilities at Lightwood House.

Hurlfield View for providing hot meals for the day centre and meeting space for the evening carers support group.

Church of Christ, Darnall for providing meeting space for the afternoon carers support group.

Rev'd Linda Munt, Tony and Eileen Burns at St Alban's Church for our Day Centre space.

Lost Chord, and Eric and Pam for musical entertainment.

Sharon Marriott and staff from Sheffield City Council.

Clive Betts MP; Local Councillors Mary Lea and Mazher Iqbal

Jane McKeown and Sheffield University for their continued support with student placements.

Sheffield Hallam University for their continued support with student placements.

Charity Funding Bodies who are acknowledged on page 25.

Voluntary Action Sheffield.

Liam Pettinger for maintaining our website.

Howard Dore for compiling this Report.

Diane Wilde of The Sheffield College for printing services.

Jack Czauderna, Janet Dore, Lisa Heller, Karen Ledger, Fiona Williams for staff support.

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All volunteering and fundraising or general enquiries:

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Mobile – 07948 426428

E-mail – darnalldementia@yahoo.com

The Day Centre worker Peter Bemba and Finance Administrator
Louise Dunn:

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