

Darnall Dementia Group Annual Report 2014



Darnall Dementia Group
Lightwood House
Lightwood Lane
Sheffield,
S8 8BG

Tel: 0114 2262116

Mob: 07773 381621

Website: www.darnalldementiagroup.co.uk

DDG is part of Darnall Dementia Trust
Company Ltd by Guarantee No. 8066719

Registered Charity No. 1148094

| Contents | Page |
|----------------------------------|-------------|
| Chair of Trustees' Report | 1 |
| The Day Centre | 4 |
| Waiting List | 6 |
| Carer's Story | 7 |
| Support Groups | 7 |
| Cleethorpes Trip | 8 |
| The Learning Environment | 9 |
| Health Champions | 14 |
| Darnall Dementia Awareness Group | 16 |
| Volunteers | 18 |
| Great Yorkshire Run | 24 |
| Funding | 25 |
| Donations | 26 |
| Thanks | 28 |
| Contact details | 29 |

Chair of Trustees' Report

Welcome! I am delighted to note that although we have had one or two challenging issues we have had another successful year. As you read through the contributions you will see how much time and effort everyone has put in to make Darnall Dementia Group such a good experience for all who come here.

The Day Centre has been well attended with an 80% attendance rate. This is excellent when respite care, hospital appointments and short illnesses are taken into account. We thought one lady, who was ill, had left because she had been admitted to hospital but she was determined to get better.

When she was discharged she said "Is it my Darnall day today?"

All the usual fun activities continued this year with various parties and the Cleethorpes Day Trip for the attenders, carers and volunteers. We are again indebted to Eric and Pam who keep everyone's spirits up with regular singing and dancing sessions.

The Carers' Groups and Darnall Dementia Awareness Group continue to meet and get involved in city wide development events. They have been called upon to share their experiences, information and expertise with other organisations.

The Life Story Working Group has continued under the leadership of Jane McKeown from Sheffield Hallam University. The work has been a revelation to our students and tremendously valuable to the self esteem of people they were assisting.



We have had some excellent students this year. They are a real asset to the work of DDG and will spread our philosophy and ideals. DDG was chosen to be a HUB placement for student nurses which means they are attached to us but go for short periods to other training providers. The Health Champions have also achieved much from the innovative scheme which enables them to provide a quality service to clients and undertake further training themselves.

The new Care Act which came into being last April requiring Health and Social Services to implement the spirit of client-centred working by April 2015 has prompted us to consider the impact on our service as a whole. Lisa Heller, our Hon. Secretary, has been working with the staff to devise questionnaires for carers and attenders to ascertain how we could tailor our approach to further improve the service. We are also attempting to assess any positive impact on helping people to remain at home rather than being referred to hospital. Our hope is that our approach and philosophy can be widened to increase the diversity of people referred to the group and challenge negative beliefs and practices in the wider community.

Our Clinical Manager, Lynsey Buttton, is to retire at the end of



January 2015 after giving us 15 years of highly dedicated service. She will be greatly missed by all who have encountered her in her work with DDG. We will wish her well and send her off into the sunset but the process of replacing her is one of the

challenges facing us. We are currently in negotiations with the

NHS and we are keeping our fingers crossed for a positive outcome. This could be an opportunity to re-shape our structure to develop different ways of working. Although the future is uncertain our strengths have always been that we look forwards, embrace change and 'stand our ground' for the principles and philosophy we believe in.

Thank you so much to all who have supported us in many ways over the past year – we really do appreciate it.

Janet Dore Chair of the Trustees

The Day Centre

The centre is open on Mondays, Wednesdays and Fridays. People come to the group for companionship, to share stories, enjoy activities and generally have a good time. Our belief is that each person has the potential to make a contribution and it is the role of the workers to create an environment where people feel valued, comfortable and at ease.



People who attend the group will have received an initial visit from the Clinical Manager, currently a RMN nurse. They will receive an assessment of physical and mental abilities and a care plan will be put in place. The workers and volunteers at the centre are made aware of the needs of the individual so that accurate and beneficial support can be offered.

Great emphasis is placed on a person's wellbeing and sense of self-worth. We work hard to get to know individuals and plan carefully the activities so each person can feel that we have recognised what is important to them and acknowledged their life experiences.

We have lots of different activities. Some people like physical activities such as dancing, exercise group, helping with daily chores, while others prefer to chat, look at local history books, sing or complete jigsaws. People can opt in/out of activities. Because of our bank of volunteers we are able to offer one-to-



one support to each person attending, explaining what the activity is and enabling them to make an informed choice.

People attending the group, the volunteers and the workers sit down together to enjoy lunch. We encourage

people to experience lunch as a social activity where people share news, debate current events, discuss the price of bread and generally put the 'world to rights'.

At the end of August Clive Betts MP came to visit the group. People were able to reminisce about living in his constituency



and ask him questions. It caused a real buzz that day and Ivy was thoroughly impressed.

The day is allowed to flow at a gentle pace with a calm environment where people can feel safe and express how they feel without fear or judgement. Due to the changing nature of dementia, we are able to adapt the care that we provide, enabling people to continue to attend and participate at a level they feel comfortable with.

For people living in the local area we can provide transport. We are very fortunate to have a dedicated driver from Manor Community Transport. People soon become familiar with the

sight of the little bus coming to collect them and are reassured to see our regular driver, knowing that they are in safe hands.



Waiting List

We operate a waiting list where people who are referred to the group can receive out-reach support visits while they wait for a place to become available. The visits allow time for the person to get to know people working at the centre and to exchange information and ideas,

Anyone can make a referral to the group: professionals, relatives or concerned friends. An initial appointment will be made for the person to be seen and assessed; from there an action plan will be formed. It is difficult to predict how long a person may be on the list. Someone may be waiting for a particular day, or may not be able to access day care when a place becomes available due to different circumstances.

However we are extremely flexible in our approach and will work hard with carers and people living with dementia to find the best possible solution.

Lynsey Button

Carer's Story

Darnall Dementia Group is a very unique organisation.

Malcolm and I were fortunate enough to be referred to them and I was so pleased when after being on the waiting list Malcolm was offered a permanent place.

Having support from out-reach visits previous to this helped both of us to understand all about how the centre worked and familiarised Malcolm with the staff and his surroundings.

The atmosphere is so relaxed and friendly. Music plays a great part at the centre and is one of Malcolm's favourite pastimes. The singing and dancing are something he looks forward to.

I had my worries as to how he would react to this new situation, but he waits for the bus and waves happily as it sets off. It is so good to know that he enjoys his day.

As a carer I am also supported along with Malcolm, which is helping me to come to terms with our lives now.

There are not enough words to thank Lynsey and all the staff and volunteers that make Malcolm feel so secure and happy and support me. They give me space to have some time to myself and catch up with friends knowing Malcolm is being cared for and enjoying himself.

Cath and Malcolm

Support Groups

Darnall Dementia Group has a strong belief that supporting carers has a positive impact on the lives of people living with dementia. We believe that we are partners with carers and that their knowledge and influence helps us shape the care that we give to people attending our group.

We provide 2 groups, one in the afternoon and one in the evening, both groups are on a monthly basis. Each session is one and half hours long and follows a 'drop in' model.



People can attend for the whole or part of a session. The purpose of the groups is to create a place where people can come together and share the caring experience. We have no formal agenda, everything is up for discussion. We don't always have the answers but sharing ideas can help people feel listened to and less isolated.

The groups also have a social aspect when from time to time we come together to share a meal and enjoy the sense of camaraderie.

Cleethorpes Trip

This is a cultural trip of Darnal Dementia Group done every year. A time when all members of the group get together and travel to the seaside to have fun. It was a bright sunny day; we viewed the beautiful countryside. Whilst on the coach, we had plenty to eat and drink; we



socialized and sang songs that brought back good memories. This made the trip exciting which put a smile on every one's face and the camera captured those fun moments all the way.



At the Ocean Café we had fish and chips, ice-cream, tea and coffee with a variety of different choices. Thereafter we walked to the seaside enjoying the breeze; members appeared to be relaxed and happy. We bought souvenirs and sweets, stroked the donkeys, walked in the sand, watched sea-birds and other activities. Sitting on the promenade we had ice cream cornets. We

then walked back to board the coach to bring us back home. What a trip it was!!! Cannot wait for 2015.

Peter Bemba.



The Learning Environment

Darnall Dementia Group is well recognised for the support it gives to students from many disciplines. We offer assessed placements to Mental Health Nurse and Social Work students. We also host students on Sheffield College Health and Social care courses, and offer day placements for post graduates on dementia care courses. We welcome visits from students from other disciplines, and anyone who would like to learn about how we work and the ideals and principles that we work to.

Students have the opportunity to learn: positive methods of working with people who have dementia, basic but essential communication and assessment skills and positive interaction.



They gain experience in working with carers, and get involved in more in-depth work such as working with people who have dementia on producing Life Story books.

People who attend the group, and carers, are encouraged to be involved in the training of students. Listening to personal testimonies and observing what life is really like has a profound effect on students. They leave Darnall with a greater understanding of dementia and the impact it has on people's lives.

We have been involved with the development of the new MA in Dementia Studies in Sheffield, and will be hosting placements for students on this course from next year. The Awareness Group has participated in the production of a new student

training photofilm. We are proud to be educating nurses, social workers and other professionals, and hope that they will take the learning from Darnall Dementia Group and positively influence services in the future.

Andy's reflections as a Student Nurse



Prior to my placement at Darnall Dementia Group, my only insight into the condition was a vague memory of my childhood when my own grandmother had it in her final few months of life. As a result, I assumed that dementia only came late on in the lives of the elderly, and was only something that would afflict someone for a short amount of time. Such ignorance led me to have many pre-conceived ideas, which I am pleased to say have been thoroughly quashed by my time at Darnall.

I used to describe those with dementia as 'suffering' with it. During my first day with Darnall, during which I laughed, joked, and reminisced with attenders, it became apparent that I would not use the term 'suffering' to describe any of them. It is a testimony to the group that the environment has been fostered to celebrate the personalities of those present rather than treat them with pity, and does not allow their dementia to define them. On the contrary, the philosophy at Darnall is to see the person, and encourage that person to fully express themselves.

I was fortunate enough whilst on placement to be asked to produce a Life Story book for one of the attenders. To the uninitiated, it could perhaps be viewed as irrelevant to a student nurse to be creating a scrap book of a person's photographs and memories. On embarking on the course I certainly didn't expect to be undertaking craft projects!

However, DDG has taught me the importance of personhood in a caring environment, and there's no finer education in person-centred care than collaborating with a person based on their own experiences. I saw the value of this when I presented photographs to a gentleman of his childhood neighbourhood. From being visibly uninterested and distant from his



surroundings, he suddenly became illuminated and emotional. His appreciation and the connection I made was revelatory to me, and the feeling it gave me is something I will strive to replicate throughout my career.

I am so grateful that my first practical experience as a student nurse has been at Darnall Dementia Group. My mentor truly lives up to that title, and has instilled in me values and standards which I will carry with me always. As a learning environment, the combination of volunteers, carers, attenders, health professionals, and support workers, all working together as a team, is an aspirational model of good practice for prospective nurses such as myself. Having heard stories of inadequate care at fellow student's placements, I have sung the praises of Darnall, and encouraged as many of them as possible to visit so that they can see how excellent care can be delivered. There will always be a part of Darnall Dementia Group that I carry with me, and there can be no greater tribute than that!

Andrew Walker

Leah's reflections as a Student Social Worker

I started my first placement with Darnall Dementia Group with minimal knowledge of dementia itself and with the assumption that I was going to be met with an average day centre. I imagined service users sitting around lacking in activity and engagement. My pre-conceived ideas about people with dementia and dementia care itself were soon altered and built upon during my extremely positive practice learning at Darnall.

Darnall Dementia Group is the perfect example of how dementia care should be implemented. Involvement with the group for four months enabled me to see the service first hand and comprehend the real impact that Darnall has on individuals' lives.

Person centred care being the underlying philosophy of the group was an integral part of my practice. Being part of this empowering, empathic and engaging approach demonstrated to me just how well this works for people with dementia and educated me in the theory and ways of using this in upcoming practice. Personal profiles and life story work are excellent examples of how workers, volunteers and students like myself could develop clear understandings of the service user holistically as an individual and to aid trusting relationships.

I felt that through reminiscence work empathic engagement with carers was an imperative aspect of my work at Darnall. I established a real understanding of how a carer's well-being can be overlooked within dementia care and it is not just the person with dementia who needs support and various needs met. Involvement in carer and awareness groups demonstrated to me the emotional strains and stresses that carers have to overcome when a loved one has dementia. This also took service user involvement to another level due to an attendee from Darnall being present at the sessions. Actively listening to

carer experiences first hand and how passionately they wanted to convey this to the wider community was incredible.

I was pleasantly surprised to see numerous volunteers at Darnall and how they were a credit to the group. Volunteers worked on a one to one basis with attendees, reinforcing person centeredness and creating a sense of familiarity for the service users which is paramount for people with dementia. I loved how inclusive the group is for service users themselves, carers, volunteers, workers and visitors to the group.

Volunteers were empowered to then go on and empower attendees which is an excellent way to practice.

I could not have asked for a better first placement at Darnall Dementia Group. It certainly exceeded my expectations of dementia care and permanently changed my values and perceptions of the sector. I have learnt knowledge and skills which will benefit me enormously in future practice. I would highly recommend the group to anyone who would like further insight into dementia care. The group will open your eyes to the fact that people with dementia are still individuals with hopes, fears and aspirations; subsequently, why shouldn't their quality of life and wellbeing be intact.

Leah McPhee

Health Champions

Darnall Dementia Group is part of the Sheffield Health Champions scheme. Volunteers with the scheme focus on improving the health and well-being of attendees, and on their own health and well-being too. So far we have hosted 6 champions – here is Thembi. They



work in this role for 6 months and have access to training through the scheme. Health champions have trained in first aid, healthy lifestyles, working with vulnerable groups, and working with people who have dementia. They have used this experience to apply for nursing courses and paid employment in health care, teaching and retail.

Olayinka - Health Champion At Darnall Dementia Group



I am one of the Health Champions at Darnall Dementia Group Sheffield. It is a great opportunity to be part of the team supporting the elderly with Dementia to have the best quality of life. I love going to the centre because it is a very friendly environment, I always feel at home. Besides, I feel fulfilled when I see the attenders having a nice time,

chatting over a cup of tea, I have learned a lot from the attenders like singing, new dancing steps and listening to old stories.

I was also privileged to attend various professional development trainings. For example:- Mental Health Needs and Well Being For Older Adults, Working with Vulnerable Adults, Care of People with Dementia, Healthy Chats and First Aid Courses.

These courses have boosted my confidence, improved my knowledge and I have gained lots of skills that will be of help in my future studies.

I want to say thank you for giving me this great opportunity.

Olayinka Adebayo

Darnall Dementia Awareness Group

As we approach November 2014, the work of Darnall Dementia Awareness Group will close in its current form with a celebration of our achievement and a launch of our new Photofilm: *'I might be laughing now'*.

When we started out on our journey, September 2012, our aim was to raise awareness of dementia, and in particular to focus upon the impact of dementia on the individual and on their family 'carers'. We hoped in raising awareness that members of the public, students and professionals of Health & Social Care would find opportunity to explore their values and perceptions of dementia, in order to 'rethink' and change their future approach and in doing so, give consideration in their practice to the quality of life of people living with dementia.



The feedback we have received from various workshops suggests we have achieved our aims:

'The 'Take me as I am' card made me realise that it's important to accept people for who they are'.

'I learnt how it could potentially feel like when you have dementia'.

'All people are unique'

Since June 2013 our 'Striding Forward' workshops have been delivered to Church Groups, Community Organisations and student groups about to access University.

In December 2013 our work took a different path and much of 2014 has focused upon partnership working with Sheffield Hallam University Faculty of Health and Wellbeing. We were approached by the University to support the development of learning materials for nursing and allied professional students. This was an exciting opportunity for us as it meant that our outreach, in raising awareness of dementia, would expand across the nursing student population and we are told that over 1000 students will engage with the materials we have created which include an activity to explore the language of dementia, personal case studies for reflection and discussion and our Photofilm. This experience has proved emotional too; in particular as we watch back the Photofilm: *'I might be laughing now'*. We feel the film tells a story of the journey of dementia from a family 'carers' perspective, of the lows and the highs of each journey. Our hope is that the film will reach the hearts and minds of students about to work in settings where people living with dementia will be in contact, from diagnosis and through their journey into end of life. We hope it contributes to changed attitudes, understanding and compassion.

As we bring our work to a close, we feel proud of what we have achieved and are grateful for the support we have received from Darnall Dementia Trust, Sheffield Health & Social Care, Sheffield Public Health, Sheffield Methodist Churches, the Methodist Homes Association and Sheffield Hallam University Faculty of Health & Wellbeing for encouraging us on our journey to achieve our vision.



Diane Hinchliffe - Project Leader

Volunteers

We have continued to offer volunteering opportunities to people from a variety of different backgrounds who have different reasons for wanting to volunteer. Some are looking for experience to access employment or training, or asylum seekers and refugees who are looking for a role and to contribute to our society. Others are retired or are unable to work due to long-term health conditions and some are working or studying in unrelated fields, and have an interest in dementia care. Whatever their reasons for volunteering, they all bring something special to Darnall Dementia Group.



Our approach to volunteers is to value the contribution everyone makes, just as we appreciate the contribution made by the people with dementia who attend. Some volunteers prefer practical tasks such as serving meals and drinks, they may also

be more comfortable engaging people with dementia in games like dominos or cards. Others are happy to spend time chatting, listening to stories and reminiscences about the past. People with dementia will also have their preferred way to spend time at the group, and it is important to try to match people up with others who share these preferences. This is why we benefit from such a variety of volunteers.

Those from abroad also enrich our culture, and give the attendees an opportunity to meet people from different



continents – we often have the atlas out, so that people can show us how far they have travelled to live in Sheffield. Locals enjoy sharing the Yorkshire dialect, and talking about old Sheffield to people who are relatively new to the city. Darnall Dementia Group is special in the way that it benefits all those who attend: people with dementia and their carers and also the volunteers who give their time to help out.

Sheila Manclark

Philip's reflections as a volunteer

The opportunity to be part of the community and to develop an understanding of dementia was my initial motivation for applying to be a volunteer with Darnall Dementia Group. I volunteered during my university summer vacation and was immediately made welcome by the staff, other volunteers and attendees alike.

Volunteers at Darnall play an important role in the running of each day. I enjoyed being fully involved in a varied range of activities from day one; these included preparing for the attendees' arrival, assisting with tea and biscuits and setting up the room.



Emphasis is placed on creating a fun, positive and inclusive environment. Volunteers work with attendees to enable participation according to individual abilities. I enjoyed spending time talking to the attendees while looking at books, playing dominoes and completing jigsaws together. Volunteers also support attendees to enjoy music, singing and dancing, which feature regularly at Darnall.

As well as developing new skills, there were opportunities to learn about living with dementia from the staff and volunteers and also from the attendees themselves. Volunteers are well-supported by the staff. Staff and volunteers take time after the attendees have departed at the end of the day to sit together to reflect on the day's events and share each other's experience.

I enjoyed helping to create a warm and supportive environment, much appreciated by attendees and their relatives; my time spent at Darnall was a hugely rewarding and worthwhile experience.

Philip Mumberson – M.A student of Speech Therapy

New beginnings

Sheffield Volunteer centre runs a project called New Beginnings, matching refugees and asylum seekers with volunteering opportunities in Sheffield. Since 2004 Darnall Dementia Group has been privileged to welcome volunteers from many countries, mainly in Africa and the Middle East. Volunteers are able to contribute to our society because whilst their claim for asylum is being processed they are not allowed to do paid work. Sometimes this can take many years. They gain experience and develop their skills with us, and many eventually enter the caring professions. Volunteering can also build confidence and help improve English language skills.

The Group benefits by recruiting willing and helpful volunteers who are keen to learn and contribute to our service. We get to meet people from places very different from Sheffield, and people with dementia can learn about other cultures and teach volunteers about ours. Having volunteers from different backgrounds reinforces our ethos of acceptance and extends our warm welcome to many different people.

Ayesha has been volunteering with us since February this year. Below is the text of a speech she made at the New Beginnings celebration event. It shows the value of volunteering to asylum seekers and refugees. Darnall Dementia Group is proud to be able to offer volunteering opportunities, and has gained a great deal from involvement with New Beginnings.

Ayesha's story.

Volunteer with DDG, from Gambia

Volunteering boosts my life for the simple fact I leave all my worries at home.



I volunteer with the Darnall Dementia Group. It's a day centre and you have quite a lot of people come in who have dementia, Alzheimer's. It's a one to one thing so you get off the bus, sit at the tables, sit

with them and have a one to one chat so it's really, really good. Social care is something that I want to pursue in the future, fortunately the Volunteer Centre got me that.

Asylum seekers want to become part of the UK, to have a sense of belonging so when the Home Office says go on you've got the right to remain in this county, then what are you going to do with yourself? You can't start from scratch that's my opinion, you need to like build it and help yourself. The Home Office does in my opinion play mind games and I say to them my mind is not a toy. They will keep somebody in house for days on end and eventually that individual just loses hope in life. So I try to say look, don't just sleep and sleep all day, go out there and do something.

I think volunteering has given me a priceless lifetime opportunity, because if you don't have status you can't get a

job and I don't have status but still I am kind of working because they pay my travel to go back and forth. I feel that my skills have improved; I think my conversation skills have improved. I think what they're giving me, I don't think anyone can pay for really, neither is what I am giving them because I'm giving them my time. They're helping me take things off my mind, what's going on you know. I can't make my mind think of what it doesn't want to think of but still it gives you another focus because volunteering is something that opens up quite a lot of doors because you never ever know who you're going to come across.

You know I think every day volunteering boosts my life in Sheffield for the simple fact that I leave all my worries at home, especially on Fridays – I really look forward to Fridays. I start volunteering at ten and you know just those few hours of being out of the house, being out of that enclosed place with your worries and going somewhere and seeing somebody that is struggling in a completely different life is beautiful, it's absolutely beautiful. Or there's just that half an hour or one hour that you laugh and forget about things. It is lovely because where I go on Fridays there's music, they ask you one question now; two minutes later they will ask you the same question and you'll just give them the same answer. It's beautiful.

Ayesha

Laura ran the Chester Marathon this year raising money for us

I am a running rat hoping to raise money for the Darnall Dementia Group. In my first year at university I volunteered for them and so witnessed first-hand the brilliant work achieved by



DDG. The group organises weekly activities for people with dementia which is not only enjoyable for the participant but provides much needed respite to their loved ones who provide round the clock care. I know how much this group means to the local community of Darnall and other areas in Sheffield and I want to try to support their work.

Laura Ratcliffe

Volunteers who have helped out over the last year are:-

Olayinka Adebayo

Rucksar Naaz

Ayesha Cham

Thembi Ndebele

Katie Crookes

Eugene Kouadou Nguetta

Bryony Duckham

Emma Njoroge

Sandra Galloway

Mustafa Osman

Gashaw Gezagehn

Juliette Simpson

Janice Hobbs

Owen Simpson

Jade Horsfield

Kath Thomas

Mohammed Saad Khan

Harjeet Walia

Bahareh Kalantari

Andy Walker

Julia Kayondo

Neil Wingfield

Diane Maragh

Scott Winwood

Clarise Mattis

Gemma Wheller

Pezhman Mohamadi

Yuhui Zhou

Phillip Mumberson

Great Yorkshire Run



Once again members of Darnall Dementia Group took part in the Great Yorkshire Run to raise funds and awareness of the service that we provide.

Peter, Owen, Steve, Gail and Lynsey took part in the run, supported by

Michelle, Louise, Brian, Jeff and Peter. Thank you to everyone who sponsored us and all the best wishes that we received. At the time of this report we haven't collected all of the donations but signs are very promising that we raised a large amount that will be put to good use at the Centre.



Lynsey Button

Funding

The way Darnall Dementia Group is funded has been changing over the past few years and our grant from Sheffield City Council now only constitutes around 50% of our income. We have had to increase the amount the people pay to attend the day centre to help cover our costs.

We also receive support from Sheffield Health and Social Care Foundation Trust. We are in our second year of funding from the Tudor Trust, and this year have also received grants from the Freshgate Trust, the Marjorie Coote Old People's Charity fund and the East Community Assembly. These grants are for specific items and have funded the Cleethorpes trip, volunteer expenses, managing the waiting list and contributing towards staffing costs. We continue to receive funding through the Health Champions initiative and for student placements from Sheffield Hallam University.

Lynsey has again rallied "Team Darnall" who raised money through sponsorship on the Great Yorkshire Run. Laura Ratcliffe who used to volunteer for us raised money by running the Chester Marathon.

We have also received donations from carers and day centre attenders and others who are connected with us.

We were adopted by Sainsbury's on The Moor to be their Charity of the Year this year, and will be raising money in-store until next May.

Thank you to Sainsbury's Team and Lisa Vardy for getting us off the ground.

Thanks also to Wendy, who's dad attended the day centre, for putting us forward for consideration.

We are grateful to all those who have supported us this year, particularly those



individual donors and people who have raised sponsorship and participated in events.

A copy of our accounts is available on request.

Sheila Manclark with Louise Dunn

Donations

We would like to thank all those who have made donations over the past year. Your generosity and support has not only helped us continue running the day centre and providing outreach support but allowed us to provide extra special events such as the day trip to Cleethorpes, the Christmas party, outings for lunch and other activities.

Those we would like to thank this year are:

Lisa & Tom Heller

Ken & Madge Burtwistle

Mr & Mrs Lycett

Dinnington & District Horticultural Society

Mr & Mrs Edler

Pamela Loughlin

Beryl Sorsby

Linda Harrison on behalf of Barnsley Road Surgery

Images of Art

Margaret Fields in memory of Geoff Fields

I & K Crane, D & K Griffiths and others in memory of Joan Kirby

Barbara & David Hukin

Mr & Mrs Couldwell

Kath Horner & Dorothy Heath in lieu of gifts on the occasion of their Civil Partnership

Laura Ratcliffe and all her sponsors for the Chester Marathon

Mr & Mrs Dewsnap and others in memory of May Ward

Nigel & June Chatterton

Lynsey Button & all her sponsors for the Rother Valley Run 10k

Lynsey, Peter Bemba, Gail Mountain, Owen and Steven and their sponsors for the Great Yorkshire Run 10k.

Thank you to those donors who wished to remain anonymous.

Thanks

We would like to thank everyone who has contributed to the work of Darnall Dementia Group over the past year:

The Trustees: Janet Dore Lisa Heller Jack Czauderna
Gail Mountain.

The Staff: Sheila Manclark Lynsey Button Peter Bemba
Louise Dunn.

Our Finance Officer: Don Callister
Mike King for producing our accounts.

Those who support the staff:
Janet Dore, Lisa Heller, Jack Czauderna, Karen Ledger,
Fiona Williams, Andrew Roberts and Jane McKeown.

The volunteers who are listed on Page 23.

All the attendees and carers who have continued to support us.

Sheffield Health and Social Care Trust for providing the Clinical
Manager and office facilities at Lightwood House.

Steve Jakeman and staff from Sheffield City Council.

Diane Hinchliffe for leading and developing the Darnall
Dementia Awareness Group

Hurlfield View staff for providing hot meals for the day centre
and a meeting space for the evening Carers Support Group.

Manor Community Transport for an efficient and reliable
service. Lisa Frazer in the office, Paul Dyson our regular driver
and volunteers Mark Dyson, Paul Thompson, John McKenna,
David and Julia Allison.

Reverend Linda Munt, Tony and Eileen Burns for Day Centre
space at St Alban's Church.

Church of Christ, Darnall for the meeting space for the
afternoon Carers Support Group.

Eric and Pam & Lost Chord for providing musical entertainment.
Voluntary Action Sheffield.
Charity Funding Bodies who are acknowledged on Page 25
Liam Pettinger for maintaining our website.
Howard Dore for assembling this report.
Dianne Wilde of The Sheffield College for printing this Report.

Contact details

Darnall Dementia Trust
Lightwood House
Lightwood Lane
Sheffield
S8 8BG

All day care referrals and support group enquiries:

Lynsey Button:

Office – 0114 2262116

Mobile – 07773 381621

E-mail – lynsey.button@shsc.nhs.org

All volunteering and fundraising or general enquiries:

Sheila Manclark:

Office – 0114 2262116

E-mail – darnalldementia@yahoo.com

The Day Centre Worker, **Peter Bemba** &

Finance Administrator, **Louise Dunn:**

Office – 0114 2262116

E-mail – darnalldementia@yahoo.com