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**Chairperson's Report**

Another busy year for all concerned with a few challenges and many enjoyable experiences.

The Day Centre has been well attended and fully occupied. Lynsey Button, the Clinical Manager, kept in touch with people on the waiting list until places became available. Everyone enjoys coming and sharing social experiences with each other.

December was a good time with various Christmas parties for the attendees, carers and volunteers. Eric and Pam ensured everyone had a good time singing and dancing. Those who chose not to dance still showed 'they got rhythm' in fingers and toes. We are grateful to Eric and Pam for all the time and energy they give throughout the year. After the Christmas break we were very disappointed by having to close the centre for a few days because of very icy conditions. We thank everyone for their patience and understanding that we must avoid potential accidents.

In the summer the Carers Groups held a joint 'bring and share' picnic in the Sensory Garden at Woodland View. The tables were full of food but because people were caught up in conversations no one noticed it disappearing without trace! Another good day was spent on the Cleethorpes outing.

Some of the projects which started last year have been developing successfully this year. The Shaping Our Age group devised and produced a Toolkit for raising awareness of dementia in the wider community. The Toolkit was officially launched at a public event in The Victoria Hall in February. They are now known as Darnall Dementia Awareness Group and are available to deliver experiential workshops to community groups, education and training centres, and places of employment.

The Life Story Working Group, which includes carers and people living with dementia, has been nominated for a National Dementia Care Award – the Ken Holt Memorial Award. The results will be announced on 6<sup>th</sup> November. Day Centre members have also been involved with the University of Sheffield in updating the Sheffield Dementia Information Pack and also in research projects to raise the awareness of the impact of dementia.

A very enjoyable time was spent investigating how the use of iPads could enhance the wellbeing of people with dementia and lift their mood. Members of the group responded enthusiastically and we would explore this further if we had sufficient funds.

The staff and trustees have had a busy year too. Becoming a Charitable Trust has needed much time and attention to complete the process but we eventually succeeded. We held a staff Away Day and later met with Fiona Williams to discuss how we could develop the future of DDG.

After a long period of uncertainty the Norbury Centre closed down. We had been concerned about where our next office space might be. However we were given a very good spacious office in Lightwood House so the staff packed up and moved up to Norton at the end of March.

Under Lynsey's mentorship last year's excellent student nurses were an invaluable asset to us. Recently we welcomed a new student nurse, and a student social worker mentored by Sheila Manclark. Sheila, the Development Work Manager, is also supervising three Health Champion trainees.

In memory of Madge Townsend her family made a substantial donation raised by them taking part in the Sheffield Half Marathon. They also provided T-shirts for our

team in the Great Yorkshire Run which I am sure helped them all do well.

Thank you so much to all who have supported us in many ways over the past year – we could not do it without you. Special thanks to our staff who, with their dedication, won the Team Trophy in the Sheffield Dignity in Care Awards.

**Janet Dore** - *Chair of the Trustees*



## The Day Centre

The day centre is provided on Mondays, Wednesdays and Fridays. We are based in a local church in Darnall. At each session the area that we use is transformed into a day centre with a welcoming, comfortable and friendly atmosphere that allows us to create our unique community.

Each person that attends the group is encouraged to participate at the level that they find comfortable. Through the knowledge that staff have gained about people attending the group, and the insights we have acquired about the impact of dementia on people's lives, we are able to be creative about the support we offer people and tailor it to the needs of the individual.

At the start of each session the paid staff look carefully at who is attending and the needs they may have. We plan activities around the interests and life experiences of those attending and through our large bank of volunteers are able to offer individual support.



Some people like the old favourites such as artwork and jigsaws which may reconnect them to past hobbies; while other people enjoy exploring new technologies such as iPads and Smart phones.



One of our well established and favourite activities is singing and dancing. Everyone feels able to join in, some up and dancing others tapping their feet. There is a full range of music.



Lost Chord visit us once a month. At a recent visit the volunteer who accompanies them said " I find this centre

so vibrant. The staff and volunteers always work so hard to ensure that everyone gets as much as possible from the music; there is a really good, friendly atmosphere and such good relationships between everyone. A joy to come to."

*Pauline Mashedier*

One of the Lost Chord musicians who visited for the first time said “We have thoroughly enjoyed performing for this group. There has been a party atmosphere and we hope to come back again.”

*Suzie Parker and Warren MailleySmith*

Eric and Pam regularly put on concerts for the group. They have a relaxed, karaoke style that encourages people to join in. Pam says that she enjoys it as much as people attending and Eric says it's the best audience that he has ever had.



Dorothy who attends the group feels that the singing and dancing sessions are an opportunity to get some exercise and everyone is friendly. Janice who is a volunteer says that she benefits from the exercise and that it encourages her to make friends.

One of the highlights of the day is lunch, which is provided by Hurlfield View Resource Centre. Special dietary needs can be catered for and people who need extra help are supported. But as we all gather around the table the emphasis is again on togetherness and inclusion. It's an opportunity to share news and catch up.

The Monday and Friday Groups have 10 people attending with between 8 – 10 workers supporting them. The work force group will include paid staff, students on placement, volunteers and professionals that may have come to visit us for the day.

The Wednesday Group is slightly smaller with 7 people attending. There will be 5 – 7 workers supporting but due to



the smaller size of the group we can organise more trips out.

In the summer we visited the garden at Woodland View and had a trip to the Old Hall restaurant at Hope.

This smaller numbers allow us to be used as a consultation group to look at new ways of working. Recently we were asked to be involved in the editing of the Dementia Information Pack



An integral part of the service we offer is the journey on the minibus for attendees who use our transport. The centre day begins when the bus calls to collect the clients. We have the same bus and regular driver, Paul, who clients soon get to know.

Chatting and conversations start bringing a familiar and friendly feel to the journey, which helps the attendees to feel relaxed. Support is offered to help everyone get on and off the bus.



Once the bus arrives at the centre the staff and volunteers greet everyone and help them into the centre. A warm welcome with tea and biscuits are waiting; we sit together around a large table to meet and catch up with the days news and activities.

Attendees recognise the bus when it comes to take them home, and this can help them feel reassured that they will get back safely. It can also be reassuring for them to be reminded during the day, if they become anxious, that the usual bus will be arriving to take them back.

## Waiting List

Anyone can make a referral to the group. Once we receive the initial contact an appointment is made for the Clinical Manager to visit.

Sometimes the initial visit may be with the carer and person with dementia or it may be with the carer alone if they feel that is more appropriate. Home visits are then organised until a place becomes available.

These visits help to develop an understanding of the person living with dementia and their needs. They give time for a trusting relationship to grow and opportunities to address anxieties around attending.



David received outreach visits prior to his place at the day centre becoming available. Barbara said "The visits helped David to get to know the staff, and made him less anxious about attending."

## Carers Story

### Darnall Dementia Group, What it means to me and my husband.

I am a full time Carer for my husband whom we noticed had problems about 3 years ago;and then looking back we realised that we should have been aware that things were changing a year previously. I didn't appreciate the problems as the symptoms came along very gradually then he had a bad fall and was taken to the Northern General Hospital and was admitted for a few days.

A social worker asked to see me to check what help I was receiving. I said none but I had never sought any. Things started to change. When my husband returned home, the Rapid Response Team were in touch together with a social worker who talked me through what assistance was available and left me with a folder containing information.

I contacted Lynsey from Darnall Dementia Group and made an appointment for Lynsey to visit us to meet my husband and myself. Lynsey likes to build up a relationship with the person living with dementia to establish trust and confidence so the visits were over the next few weeks.

In the meantime I had tried my husband at a residential home that had day care facilities but after the first morning he wouldn't accept it and refused to go again..... Then Lynsey contacted me to say that there was a vacancy and I took him along and MY PRAYERS were answered. My husband loved it; he bonded immediately with the staff, and was quite happy when I left him.

Oh BLISS. I had a few hours to meet up with friends for coffee or lunch, or to do anything I wanted. I knew my husband was safe and in a friendly environment for a few hours, so it gave me some FREEDOM which is very precious to me and which I appreciate very much.

When it is HIS DAY TO GO I get him ready and make sure he has eaten his breakfast before I show him the photograph of Lynsey and staff, so that he knows where he is going and immediately his body language alters. He brightens up, goes for his coat and tries to hurry me up and we are away. I dare not tell him too early for fear that he would miss his breakfast in his eagerness to go. When I return to pick him up staff inform me that he gets up to sing and dance whenever the opportunities arises and that happens most weeks. He often bursts into song whilst we are travelling home so I know he's happy there.

I have tried another day centre with respite facilities which I know I will need from time to time; he spent an afternoon there, but got quite aggressive when I tried it again. My husband is not an easy person, he still has strong likes and dislikes. I am so relieved and happy that he loves going to Darnall. My only disappointment is that they don't have respite facilities there.

My grateful thanks to staff and volunteers for giving me some breathing space and keeping my husband so happy and safe.

## Support Groups

There are 2 support groups available, one in the afternoon and one in the evening. All groups are open to people supporting someone living with dementia. This could include a family carer, friend, neighbour or paid carer.

Both groups are facilitated by a Registered Mental Health nurse. Each session is relaxed and friendly with no fixed agenda. The groups are confidential, a place where all aspects of supporting someone living with dementia can be explored in a non-judgemental atmosphere.

Each session is one and a half hours long. Some people come for the whole session, other drop in for a cup of tea. Everyone is given time to share their experiences and problems. We don't claim to



always have the answers but sharing laughter and tears can bring it's own solutions.

Both groups are often approached to be involved in research projects looking at ways to improving care standards and services for people and carers living with dementia. Carers see this as an opportunity to get their voices heard, expertise recognised and to be able to influence future policies and practical support.





## Cleethorpes Trip

Didn't we have a lovely time...



Well it's a bit of a tradition, isn't it? Each year people who attend the various day care groups at Darnall get in a coach for their annual trip to the seaside. Cleethorpes is the usual destination, it's flat and the coach trip isn't too long. Carers and volunteers are invited to join in the trip and when two volunteer helpers dropped out at the last moment Lisa and I were invited to join in the fun. And fun we had.



The formula is now firmly established. It goes something like this; coach ride with lots of chat, use the journey for catching up with everybody and lots of sweeties, straight to the Ocean Café in Cleethorpes, fish and chips, cup of tea, something with custard or ice cream, walk to the prom, hope the tide is in or at least we can see the sea, more ice cream, enjoy some fresh air and seaside atmosphere together, walk back to the coach for the return journey home, more chat and laughter.





So, why does the formula work so well at so many levels? Why is such an enjoyable and important experience for attendees, carers and volunteers? Firstly there really is time for a good chat.

If people want to stay with the those they are most comfortable with, then that is fine, but often there are opportunities to mix up the combinations of people. There is a real atmosphere of sharing the whole experience and relaxing together.

Can I come along again next year, please?  
Tom Heller





## Learning Environment

The Group provides placements for student mental health nurses and student social workers. We also have visits from other care professionals who come to learn from our person-centred approach and we offer work experience places to pupils from local schools.

People who attend our group, and their Carers, are encouraged to be involved with the training of students. Listening to carers and people living with dementia has a dramatic impact on students. They leave Darnall Dementia Group with knowledge, experience and firsthand accounts of what life is really like and how dementia affects families and relationships.

At the Sheffield Hallam Mentor Conference held in April 2013 Lynsey Button was present with the Mentor Award for her "excellent support for student learning in clinical practice"

Lynsey says "I'm humbled and honoured to receive this award; Darnall Dementia Group is proud of its continued ability to influence the nurses of tomorrow through our excellent learning opportunities."



## Will Knight – Student Mental Health Nurse

Placement 29<sup>th</sup> April – 1<sup>st</sup> July 2013

Darnall is a very special space in which to meet people who are living with dementia and talk to them directly



about their lives, experiences and their opinions. During my placement I learnt so much from and about people who come to the group.

I also learnt about utilising life stories as a tool to improve relationships for people living with dementia and also as a different and exciting way of interacting with people living with dementia and their close family and friends.

The professionals and volunteers at Darnall give all to ensure participants have a great time at the day centre. As well as this they enable important research to happen about people living with dementia and also empower carers to raise awareness about dementia within the local community

Thank you to everyone at Darnall for such a great experience.

## Heather Butcher – Student Mental Health Nurse

Placement 28<sup>th</sup> January – 8<sup>st</sup> April 2013



My expectations of my first placement were not met. They were far exceeded. I had prepared myself for a daycentre where there was not much activity, but where basic needs were met. I was wrong to make this assumption. With having only very little knowledge of dementia and no experience, I was assured this was a valued quality, as I would not have a pre-conceived image of people living with dementia, and my perceptions would be built on my positive experience at Darnall.

During my time at Darnall, I saw the service on a day to day basis, I saw individuals accept awards for their work; new clients beginning to attend the group and some leave the group. I also witnessed the importance of having volunteers within the service. They are not treated as free labour, their opinions were highly valued and respected, and it is noted that the group would not function as efficiently without them.

Volunteers allow Darnall to work with individuals on a one to one basis, something that is unique but so important to have as it reassures individuals and makes them feel safe. What I loved most about Darnall was that everyone was equal; there were no name badges or uniforms highlighting a hierarchy.

Darnall has not only taught me about dementia, but it also highlighted the importance of mental wellbeing for carers and how a carers mental wellbeing being neglected can have a detrimental effect on them and the individual with dementia. I love the fact that Darnall looks at an individual's health and life holistically because it prevents further distress before it has the opportunity to progress.

For me, working with carers made me think about potential job opportunities in the future within this area.

The things that Darnall could improve upon are regarding their publicity. Although within dementia care Darnall is highly regarded, I think it has even more potential to grow into something bigger.

Darnall demonstrates good practice and I don't think I will get another placement as good as it.

I loved every minute and would advise anyone who wanted to see what people with dementia are still capable of doing, to go here. It will make you think differently and teach you that people living with dementia are no different, they are just people that forget things, but forgetting what happened in the past should not affect what activities you engage within the present.

## Community Health Champions

In April we were lucky to be successful in our bid to host Community Health Champions through Sheffield Cubed (formerly the Well-Being Consortium). Health Champions support people to improve their health and well-being and are hosted by a variety of organisations promoting this.

We now have 3 Health Champion volunteers, all currently working in the day centre. Their work is much the same as the other volunteers, but they have to record their activities. The way volunteers promote health and well-being is documented, which also helps Darnall Dementia Group monitor how we are helping the people with dementia who attend.

Volunteers can also access extra training. Some of this will assist them in looking at other people's health needs and finding ways to address these. The support given through the Health Champions programme helps them address their own health and well-being needs.

## Darnall Dementia Awareness Group

Darnall Dementia Awareness Group was established in September 2012, initially as a partnership project with Shaping our Age, which was a time limited Big Lottery Fund action research project and unique partnership between RVS (WRVS), Brunel University and De Montfort University.



Shaping our Age was about the direct involvement of older people in improving their well-being and the well-being of others and was designed to provide new ideas and insights to the new and emerging issues around ageing.

Coming together as a group of carers, former carers, people living with dementia and professionals, the group agreed a vision of raising awareness of dementia in their local communities; with a view of reaching out to all age groups, in all settings in supporting the quality of life of people living with dementia:

- to raise awareness of dementia through outreach activities to different audiences in their local community, including health and social care professionals, local community groups, schools and members of the public
- to explore and challenge people's values and perceptions of dementia
- to encourage people to consider the impact of dementia upon the person living with the condition and upon their family, carers and friends
- Through raising awareness: improve quality of life for people living with dementia and their family, carers and friends.

In February 2013 the group launched their experiential toolkit and workshop 'Striding Forward' to an attendance of over 50 people, including health and social care professionals, students and members of the public.

Outreach into the community commenced in June 2013, with workshops, funded by Public Health, being held in local Methodist church settings. Evaluation feedback from these workshops evidences the value placed on delivery of

the workshop by carers who, through their own personal experience, have a real understanding of the impact of dementia on people's lives.

*'So lovely to be led by such a caring team'*

*'Many people who have dealt with dementia were there  
and I learnt lots from them'*

*'Dementia can have happy times as well as sad – not the  
end of a lifestyle but different'*

*'It's been an eye opener and I am taking today's  
experience to the community, wonderful'*

In July 2013 the group joined as partners with Sheffield Dementia Action Alliance.

One year on (September 2013) through the project coordinator Diane Hinchliffe, the group continue networking with Sheffield Hallam University, Methodist Homes Association and local Churches, further developing opportunities for partnership working in seeking to raise awareness of dementia across the city.

'Striding Forward' was co-designed and is co-delivered by all members of the group and is soon to involve students from Sheffield Hallam University as a process of capacity building to further extend the outreach potential.

## Volunteers

Darnall Dementia Group offers opportunities for volunteers to work in the day centre alongside the paid staff. Volunteers are expected to be open to learning about our ways of working and have an interest in working with people who have dementia.

Our current team come from all walks of life and have many different reasons for wanting to give up their time to work with us. Some are students, hoping to get experience that will help them in to further study, such as nursing, or help them get a better job when they have finished their course; others are unemployed and are using their spare time to make a positive contribution and to get experience to help them back into paid work.

We have several volunteers who are refugees and asylum seekers, some are not allowed to take paid work and others are gaining experience to help them get paid work and improve their English language skills. Some have retired but still want to keep busy and feel they are being useful. Many of our volunteers have a family connection with someone who has dementia which has inspired them to offer to help out in a much needed service.

Whatever their reasons for coming to us, all volunteers contribute to the positive atmosphere and friendly feel of the group. We hope that they all go home at the end of the day feeling that they have been involved in something very worthwhile. Because we have a strong team of volunteers we are able to offer a high level of support, including one to one for many of the people with dementia who attend.

Strong bonds can be made between volunteer and attendee, and real friendships develop which can be crucial in helping people with dementia through a difficult time.

Without our dedicated team of volunteers, Darnall Dementia Group would not be the friendly warm and welcoming place that it is. Many thanks to all the volunteers for serving teas and coffees, washing up and clearing up, but most of all for the way they help make people with dementia and carers feel welcome and valued. They fulfil a crucial role in our service, and help attendees feel like they really belong.

### **Gemma Wheeler talks about her experience at Darnall:**



I initially began volunteering at Darnall Dementia Group to support my Product Design Masters degree looking into reminiscence therapy for

people with dementia.

However, I continued to attend long after the end of my course simply because it is such an enjoyable, rewarding

experience and the group has such a “family feel” to it that is difficult to put into words.

Despite not having the typical nursing/healthcare/occupational therapy experience often found in volunteers, I was made to feel very welcome from the start by both staff and attendees – and soon found my role within the group. Over the 7 months I spent at Darnall I gained a much richer understanding of what it is like for people living with dementia – the individual, unique experience of each attendee and the impact it has on all areas of life.

Darnall Dementia Group is incredibly person-centred and I cannot give enough praise to the dedication of all the staff and other volunteers there. Care and consideration is given to every aspect of the day, from the choice of books and games laid out on the table, to detailed knowledge of the attendee’s life story and family.

The staff and volunteers are always eager to engage the attendees on a personal level through group activities and one-to-one discussion, but are also sensitive to those times when attendees (or indeed all of us!) just want to relax and observe. The enjoyment and dignity of the attendees is the highest priority, and attendees are encouraged to be as independent as possible whilst being given all the help they need.

Coming from relatively little experience of dementia and its effects, I was amazed (and also a little emotional) to see the lasting, positive effect of music. I am so glad that regular afternoons are dedicated to live performances and dancing, as well as time spent doing gentle, group exercise.

In terms of my personal development, I was given every opportunity to increase my learning and confidence in working with people with dementia and within healthcare as a whole. I never hesitated to ask for advice whenever I needed it – but more often any help I needed was given automatically by the staff subtly and without condescension. I will always be grateful for their role in my personal and professional development – so much so that I am now continuing to PhD study surrounding the role of design thinking within healthcare.

My practical roles as a volunteer at Darnall involved meeting the attendees and escorting them off the bus, helping to make/give out hot drinks, helping attendees to get around the centre (i.e. to/from the toilet, across to the dining area), helping to set up the dining table and giving out cold drinks, helping to clear up after mealtimes and at the end of each day.

However, perhaps our more important role as a volunteer is to simply be ourselves – to talk to attendees, join them in playing board games and make sure that they are having a good time. I have learnt so much from getting to know this wonderful group of people.

I'm not sure there is anything more rewarding than spending quality time with someone, learning their likes and dislikes, then witnessing their increased enjoyment and engagement as a result of this person-centred experience.

It has been a privilege to be a part of the Darnall team and I hope to come back and visit as often as I can. They provide an invaluable service and I truly hope they can continue to do so for many, many more years to come.

## Volunteers who have helped out regularly over the past year

Naheeda Akhter  
Sadie Charlton  
Erin Colfer  
Katie Crookes  
Yasmin Ali  
Sandra Galloway  
Janice Hobbs  
Gashaw Gezahegn  
Bahareh Kalantari  
Mohammed Saad Khan  
Esther Itabtyi  
Julia Kayondo  
Eugene Koudaou Nguetta  
Clarise Mattis

Diane Maragh  
Soroush Mourmeh  
Emma Njoroge  
RucksarNaaz  
Mustafa Osman  
Thembi Ndebele  
Jenny Richardson  
Lydia Seevathean  
Owen Simpson  
Kath Thomas  
Thabi Tazibona  
Neil Wingfield  
Gemma Wheeler

We have also had help from friends of the group, carers and former students on placement who have helped out with the sponsored run, the Cleethorpes trip, parties and other special events. They are Will Knight, Sarah Smith, Becky Field, Pete Townsend

## Great Yorkshire Run:

This followed the inspirational effort of John and Scott who raised over £700 in memory of Madge Townsend, when they took part in the Sheffield Half Marathon.

Despite having to overcome great difficulties, Madge always believed that you should laugh every day. A decision was made to bring together a larger group of runners than had traditionally represented DDG at The Great Yorkshire Run. We all wore Darnall Dementia Group Team t-shirts with the slogan on the back “running for Madge”.



8 runners were registered but due to injury at the last minute one had to pull out. Will, Peter, Owen, Gail, Becky, Lynsey and Louise completed the 10k run.

Special thanks to our running buddies – Peter, Janet, Sheila, Sarah, Brenda, Andy, Jeff and members of Madge ‘s family who came to give us encouragement and wave us off.



At the time of writing we haven't gathered in all donations but indicators

are that we have raised well over our expectations. **Thank you** to everyone who supported us.



Professor Gail Mountain and Becky Field, (a researcher), from the University of Sheffield both really enjoyed being part of the Darnall Dementia Group runners on the 10km Great Yorkshire Run.

Professor Mountain completed the race in 1 hour 4 minutes 56 seconds, coming 19th in her age group and Becky completed it in 59 minutes 27 seconds. Both were really pleased with their times.

They are pleased to have jointly raised approximately £450 for the group, as a contribution to help it continue the valuable work it does supporting people with dementia and their Carers."

## Funding

We have continued to be supported by Sheffield City Council, and have the support of Sheffield Health and Social Care Trust. Attendees also pay a contribution towards the cost of coming to the day centre.

This year the Tudor Trust have awarded us a grant over 2 years which is being used to increase staff hours and focus on development to help ensure the survival of Darnall Dementia Group in a time of change for adult social care.

We have also received funding through the Community Health Champions initiative, from the Co-operative community fund and for hosting placements for social work students. "Team Darnall" raised sponsorship from the 10k Sheffield Great Yorkshire Run. Many of the attendees and carers who use our services and others who are connected with us also make donations.

We are grateful to all the funders who support our work, but our budget is always tight, and needs to be carefully managed. Future changes to the way we are funded by statutory bodies will pose challenges to our service.

A copy of our accounts is available on request.

## Donations:

We would like to thank all those who have made donations over the past year. Your donations and support have not only helped us to continue running the day centre and providing outreach support but allowed us to provide extra special events such as the day trip to Cleethorpes, the Old Hall in Hope and the Christmas party.

Those we would like to thank this year are:

Janet Dore

Jackie Connor

Lisa and Tom Heller

Bill and Winn Rhodes

Jack & Maureen  
Czauderna

Rod Lowther-Harris

Kier Sheffield

Yorkshire Building Society  
Charitable Foundation

G & J Kirby, J Schofield, G  
& A Walker and others in  
memory of E Sheldon

Margaret Wragg

Pete Townsend, family  
and friends in memory of  
Madge Townsend

M & J Weatherly

Margaret Fields in memory  
of Geoff Fields

Beryl Sorsby

Kate Guest

Pamela Loughlin

J Baxter, E & W Moore, J  
Morris, T Hill, P Sheerer, J &  
A Thirkettle and others in  
memory of Mary Lillian Hill

Fran Harley and Keith  
Carolynn Wesley

Sally Goldsmith

Nigel & June Chatterton

Linda and Jenni Jones

Tom Sims

Thank-you also to those donors who wished to remain  
anonymous.

## Thanks

We would like to thank:

Thank you to everyone who has contributed to the work of Darnall Dementia Group over the past year:

The Management Committee: Janet Dore, Lisa Heller, Jack Czauderna, Gail Mountain.

The staff: Sheila Manclark, Lynsey Button, Peter Bemba, Louise Dunn

Our Finance Officer Don Callister and Mike King for producing our accounts.

The volunteers who are listed elsewhere in this report.

All the attenders and carers who have supported us through a sometimes difficult year.

Manor Community Transport for continuing to provide an efficient and reliable service. Liz Fox and from April Lisa Frazer in the office, Paul Dyson our regular driver and volunteers Mark Dyson, Donna Whatton and Keith Dagnall.

Hurlfield View for providing hot meals and use of their facilities.

Sheffield Health and Social Care Trust for providing office space at Lightwood House.

Linda Munt, Tony and Eileen Burns from St Alban's Church.

Eric and Pam and Lost Chord for providing musical entertainment.

Howard Waddicor and staff from Sheffield City Council.

Voluntary Action Sheffield.

Liam Pettinger for maintaining our website and designing this report.

Those who support the staff: Janet Dore, Lisa Heller, Jack Czuderna, Karen Ledger, Fiona Williams and Andrew Roberts.

### **Contact details:**

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For all referrals for day care and enquiries about the support groups please contact Lynsey Button:

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For enquiries about volunteering, fundraising or any other enquiries about the group please contact Sheila Manclark:

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